

# **Regulations for Instructors in the training Curriculum Psychoanalysis**



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## **A. REGULATIONS FOR INSTRUCTORS IN THE TRAINING CURRICULUM PSYCHOANALYSIS**

### **1. General**

These regulations govern the procedure for the qualification and appointment of Instructors with the diploma "Psychoanalyst C.G. Jung Institute Zurich" as Training Analysts and Supervisors in individual and group settings for students in the "Training Curriculum Psychoanalysis". It also regulates the rights and duties of Training Analysts and Supervisors.

Accredited "Psychoanalysts C.G. Jung Institute Zurich" are hereinafter referred to as "Psychoanalysts (A)".

Appointment to the various training functions is the responsibility of the Board of the Training Sector and the Appointment Committee.

Psychoanalysts (A) who are willing to take on tasks as examiners or co-examiners for students in the "Training Curriculum in Psychoanalysis", can apply to the Board of the Training Sector for this purpose or will be approached by the Board of the Training Sector or the academic field chairs as required.

Psychoanalysts (A) without federal recognition can only become Training Analysts (LA) and Supervisors (LAS and AKJS) for students in the "Training Curriculum Psychoanalysis".

For the status of "Training Analyst/Self-Experience Therapist (LA)", applicants submit their application to the Appointment Committee at the earliest 5 years after graduation as "Psychoanalyst C.G. Jung Institute Zurich". The committee examines the application and submits a recommendation to the Board of the Training Sector. The appointment is the responsibility of the Board of the Training Sector.

For the status of "Supervisor Candidate (AS\*)", applicants shall submit their application to the Board of the Training Sector no earlier than 3 years after graduation as "Psychoanalyst C.G. Jung-Institut Zurich".

For the status "Supervisor Candidate (LAS\*/AKJS\*)", Training Analysts (LA) submit their application to the Board of the Training Sector.

Training Analysts (LA) and Supervisors (LAS/AKJS) commit themselves to active collaboration with the C.G. Jung Institute Zurich upon their appointment. They hold themselves available for tasks in teaching as well as for participation in the committees of the Institute.

All instructors are expected to be aware of applicable curricula and regulations and to adhere to the obligations and procedures associated with them.

In order to provide students with the smoothest possible course of study, the willingness of all instructors to cooperate with the administrative staff of the Institute is required.

## **2. Lecturers / Guest lecturers**

Lecturers have completed postgraduate training at the C.G. Jung Institute Zurich and are actively involved in training as accredited members of the C.G. Jung Institute Zurich.

Guest lecturers usually have a university degree and postgraduate training in their field. They are professionally qualified and didactically competent.

## **3. Applicants to become a "Training Analyst/Self-Experience Therapist (LA)"**

### **3.1 Requirements and appointment criteria**

Psychoanalysts accredited at the C.G. Jung Institute Zurich (Program E, K or C), who have been graduated for at least 5 years, can apply to the Appointment Committee for the status of "Training Analyst/Self-Experience Therapist (LA)".

The written application for the attention of the Appointment Committee contains:

- Proof of the Diploma "Psychoanalyst C.G. Jung Institute Zurich"
- Details of professional activities and experience since graduation as "Psychoanalyst C.G. Jung Institute Zurich", including at least 5 years of full-time activity (at least 50%) as a psychoanalyst
- Information on interest in theoretical, methodological and practical issues of analytical psychology and related fields, as evidenced by teaching at the Institute, lectures at other institutions or publications
- Curriculum vitae as well as information on motivation for the training function
- Proof membership in the IAAP

The Appointment Committee reviews the application and may request a personal interview, as may the applicant.

The Appointment Committee then makes a recommendation to the Board of the Training Sector. The Board of the Training Sector makes the appointment decision and notifies the applicant.

### **3.2 Rights and duties**

The status of "Training Analyst/Self-Experience Therapist (LA)" without federal recognition permits the performance of training analysis with students in the "Training Curriculum Psychoanalysis".

Training analysts/self-experience therapists (LA) are involved in teaching as well as in committees.

They make themselves available as co-examiners for examinations for students in the training Curriculum Psychoanalysis, usually for at least two half days per examination period. With appropriate professional qualifications and experience, they can apply to the Board of the Training Sector for the status of examiner in specific academic fields subjects.

The formal framework of the training analysis/self-experience is detailed in the training Curriculum Psychoanalysis. In particular, it should be noted that training analysis/self-experience is separate from any evaluative functions. Training Analysts/Self-Experience Therapists, therefore, cannot serve as Supervisors (individual or group setting), examiners, co-examiners, supervisors of seminar papers or the Word Association Test, or as lecturers of case reports for their analysis/self-experience candidates.

The training analysis/self-experience is, like any psychoanalytic activity, fundamentally subject to the duty of confidentiality. This extends beyond the end of the training analysis/self-experience and the studies and does not expire with the death of a candidate for analysis/self-experience. Even the resignation from all professional and educational obligations does not release from the obligation to maintain confidentiality.

If any decision-making body (Admissions Committee, Board of the Training Sector, etc.) is discussing the analysis/self-experience candidate of a Training Analyst/Self-Experience Therapist who is a member of the body, the Training Analyst/Self-Experience therapist concerned, shall stand down and leave the meeting.

#### **4. Applicants with a diploma "Psychoanalyst C.G. Jung Institute Zurich" to become a Supervisor for Analytical Therapy with adults (LAS) or for Analytical Therapy with children and adolescents (AKJS)**

The C.G. Jung Institute Zurich requires a qualification for all Supervisors. Such a qualification can take place through participation in the "Training in Analytical Supervision"<sup>1</sup> offered by the C.G. Jung Institute Zurich or through participation in an external training in supervision.

##### **4.1.1 Reference for "Supervisor Candidates (AS\* or LAS\*/AKJS\*)"**

Requirements for Supervisor Candidates (AS\*) and appointment criteria for Training Analyst and Supervisor (LAS) are described in Part B, points 5, 6 and 7.

##### **4.1.2 Reference for Psychoanalysts (A) following an External Supervision Training**

The Board of the Training Sector decides on the recognition of external supervision training. Therefore, it is advisable to contact the Board of the Training Sector regarding the possibility of recognition before starting an external training.

If psychoanalysts (A) start an external supervision training already 3 years after their graduation - i.e. before an appointment as "Training Analyst/Self-Experience Therapist (LA)" - they do not receive the status "Aspiring Supervisor (AS\*)" and cannot offer individual supervision to the students of the Institute.

During their external supervision training, they are required to attend a total of 10 sessions of individual supervision with an accredited supervisor (LAS/AKJS) in order to reflect on their own supervisory activities.

Upon completion of their external supervision training, they submit all evidence to the Board of the Training Sector. This board checks whether the services rendered can be recognized and are sufficient.

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<sup>1</sup> See in this brochure under B

At the earliest 5 years after graduation as a "Psychoanalyst C.G. Jung Institute Zurich", accredited applicants can submit an application to the Appointment Committee for appointment as "Training Analyst/Self-Experience Therapist (LA)" and then apply to the Board of the Training Sector for appointment as "Supervisor (LAS/AKJS)".

#### **4.2 Rights and duties of Supervisors (LAS/AKJS)**

Appointed Supervisors receive authorization for supervision in individual and group settings for students in the training Curriculum Psychoanalysis, depending on their own training degree (E, K, C) for analytic work with adults (LAS, program E), with children and adolescents (AKJS, program K) or with adults, children and adolescents (LAS and AKJS, programs E, K, C).

All Supervisors are required ex officio to be available regularly and at least once a year as examiners for the diploma examination "Individual Case" for students in the training Curriculum Psychoanalysis.

Supervisors are also expected to actively participate as examiners in at least one specialty area, as well as to serve as co-examiner, supervisors of seminar papers, readers of case reports, thesis advisors or thesis co-advisors, lecturers, or on Institute committees.

It is also expected that supervisors deal with the tradition and further development of analytical psychology in theory and practice as well as with current questions and innovations in the broader spectrum of psychotherapy and psychoanalysis, and that they are able to critically appreciate and adequately communicate these.

### **5. Evaluating functions**

#### **5.1 Examiners and co-examiners**

Lecturers, Training Analysts/Self-Experience Therapists, Supervisor Candidates and Supervisors who would like to conduct examinations in a subject area or instructors who would like to act as co-examiners are invited to submit an application to the Board of the Training Sector. They shall provide appropriate evidence of their experience in the relevant subject area, e.g. as lecturers. Examiners are appointed for specific subject areas; co-examiners may be appointed for any subject. Examiners are members of the corresponding academic field areas.<sup>2</sup>

#### **5.2 Supervision of seminar papers and diploma theses, reading of case reports**

Training Analysts/Self-Experience Therapists, Supervisor Candidates (LAS\*/AKJS\*, but not AS\*), Supervisors and examiners are authorized to supervise seminar papers and theses for students in the training Curriculum Psychoanalysis.

Supervisor Candidates (LAS\*/AKJS\*, but not AS\*) and Supervisors are authorized to adjudge case reports as lecturers for students in the training Curriculum Psychoanalysis.

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<sup>2</sup> Academic field areas are quality circles for training at the C.G. Jung Institute Zurich. They discuss the procedure and content of examinations, compile relevant innovations and revise the literature lists. Each department sends its head to the program committee to support the program director in compiling the semester programs.



Supervisors of seminar papers, lecturers of case reports and thesis advisors prepare a written report for the attention of the Administration of Studies and the Admissions Committee. The respective assessment guidelines are explained in the "Examination Regulations for Psychoanalysis" under B.3. Students receive detailed feedback on their work

In order to ensure the quality of the training, Supervisors of seminar papers as well as lecturers of case reports and thesis advisors are required to reject unsatisfactory papers or to demand corrections.

## **6. Further education obligation for instructors**

Further education is an integral part of psychoanalytic work and of the work of instructors. The C.G. Jung Institute Zurich commits itself to qualify its instructors. It takes this obligation into account with differentiated criteria for the appointment as well as with the "Training in Analytical Supervision".

In addition, all accredited instructors are required to take 80 credits of further education per year (1 credit is at least 45 minutes) in their area of expertise, regardless of their personal workload.

Further education includes attendance at lectures, seminars, conferences, participation in an intervision group, or use of supervision. A minimum of 20 credits must be earned annually in these areas. In addition, teaching and supervisory activities, scientific activities, committee work or self-awareness can also be claimed. A total of 30 credits of the required 80 credits are recognized as self-study.

The Board of the Training Sector carries out an annual random check of ten percent of the accredited instructors (lecturers, examiners, training analysts/self-experience therapists, aspiring supervisors and supervisors) to ensure that they have fulfilled their training obligations.

Instructors who have not fulfilled their further education obligation are required to make up the required performance within one year.

If the required performance is not made up within the set period, the Board of the Training Sector may revoke the training function (lecturer, examiner, Training Analyst/Self-Experience Therapist, Supervisor Candidate and Supervisor).

Those who give up their license to practice can continue to work as lecturers, examiners, Training Analysts/Self-Experience Therapists and Supervisors.

On the other hand, anyone who loses their license to practice can no longer work as Training Analyst/Self-Experience Therapist or Supervisor.

## **7. Withdrawal of instructor functions**

Instructors are obliged to comply with the duty of further education, to uphold professional honor, collegiality among themselves and loyalty to the Institute as a whole, as described in the Code of Ethics of the C.G. Jung Institute Zurich.

In the case of a violation of the professional honor, the Board of the Training Sector (see 6.) is to be consulted.

In the case of a violation of the professional honor, the collegiality among each other or the loyalty towards the Institute as a whole, the ombudsman's office must first be

informed in writing. The Ombudsman's Office shall review and assess the facts of the case. Subsequently, the Professional Ethics Committee is informed, which is responsible for deciding on conditions or a withdrawal of a training function.

If a training function is revoked or the accreditation ends, the instructor loses his/her rights.

If the status of "Training Analyst/Self-Experience Therapist" is lost, ongoing training analyses must be completed within nine months. The Training Analyst/Self-Experience Therapist undertakes to inform the students who are in training analysis with him/her at an early stage about the withdrawal of his/her function and to prepare them carefully for the completion of the training analysis (obligation to inform and prepare).

In case of loss of the status "Supervisor Candidate" or "Supervisor", the supervisions must be terminated immediately. The Supervisor Candidate or Supervisor is obliged to inform students who are in supervision with him/her accordingly.

## **8. Documents for instructors**

The following is a list of documents relevant to instructors of the C.G. Jung Institute Zurich in their various functions:

- Code of Ethics
- Training Curriculum Psychoanalysis
- Examination regulations
- Regulations on training in Analytical Supervision

## **9. Coming into force**

The "Curriculum for Instructors" first came into force by resolution of the Board of the Training Sector and approval by the Curatorium on 16.09.2016 and was amended by resolution of the Board of the Training Sector and approval by the Curatorium on 01.07.2018 and as "Regulations for Instructors in the Training Curriculum Psychoanalysis" on 01.01.2024.

## **B. REGULATIONS FOR TRAINING IN ANALYTICAL SUPERVISION FOR INSTRUCTORS IN THE TRAINING CURRICULUM PSYCHOANALYSIS**

### **1. Preliminary note**

The Board of the Training Sector is responsible for the training in Analytical Supervision at the C.G. Jung Institute Zurich, Küsnacht. These regulations explain the aims and contents as well as the procedure of the training in Analytical Supervision.

These regulations apply to accredited persons with the diploma "Psychoanalyst C.G. Jung Institute Zurich"; in the following they will be referred to as "Psychoanalyst (A)". Where necessary, the regulations differentiate between psychoanalysts with or without federal recognition.

Accredited persons with a federal continuing education title in Psychotherapy or Psychiatry and Psychotherapy are referred to the regulations for "Instructors with Federal recognized Psychotherapy training title or federal Specialist recognition for Psychiatry and Psychotherapy". In the following text, they will be referred to as instructors with federal recognition.

A concise summary of the key points of the supervision training can be found in the separate brochure "Brief description of training in analytical supervision at the C.G. Jung Institute Zurich".

### **2. Goals**

Analytic supervision within the framework of the postgraduate training programs offered by the C.G. Jung Institute Zurich, Küsnacht means the continuous professional support of students in their psychoanalytic work.

The training in Analytical Supervision is an offer for the instructors accredited at the C.G. Jung Institute Zurich, Küsnacht for the qualification as supervisors. Other internal or external interested parties who would like to learn or deepen the analytically oriented supervision process according to C.G. Jung are also welcome to participate in this training.

The training in Analytical Supervision also aims to promote exchanges between Supervisors within the Institute as well as with colleagues from other psychotherapeutic disciplines and training centers. This kind of collaborative further development of supervision diversity is also intended as contribution to supervision research.

### **3. Contents and elements of the training**

The training in Analytical Supervision is based on the theory and practice of Analytical Psychology according to C.G. Jung.

The training in comprises at least 74 credits (one credit lasts at least 45 minutes).

### **The elements of training:**

A	Supervision days	28 Credits
B	Participation in an intervision group	20 Credits
C	Co-leading a supervision group	16 Credits
D	Individual supervision with LAS CGJIZ or IAAP Supervisor	10 Credits

### **The elements of the training in detail:**

#### **Supervision days**

Supervision days are designed to teach the theory and practice of analytic supervision. Theoretical and practical units can either be presented separately or they interpenetrate each other during the supervision day.

Lecturers at the supervision days are experienced accredited supervisors from the C.G. Jung Institute Zurich, Küsnacht and occasionally other (Jungian) supervisors from Switzerland and abroad.

The topics of the supervision days are:

- Becoming a supervisor - a challenge
- Transference-countertransference in supervision
- Group supervision and the dynamics of transformational power in the group
- Dealing with images, dreams, sand play, imaginations in supervision
- Self-image as a supervisor / training in supervision at the Institute, incl. legal and ethical issues
- Special aspects of supervision of child and adolescent psychotherapies
- Culture-sensitive aspects in supervision
- Manifestation of the self in the supervisory process

The focus of the supervision days is on live supervision, in which the participants bring in and work on their own supervisorial experiences (in each case related to the topic of the supervision day) and are then discussed by all participants. Live supervision can take place as individual supervision or as group supervision.

The training participants take part in at least four supervision days.

Two German and two English-language supervision days take place each year. Announcements are sent by e-mail to all accredited and to interested professional associations and can be found, together with the form for online registration, on the Institute's website. Registration is required.

There is a charge for the supervision days, which can be found on the registration form.

The supervision days can also be attended by external interested parties as a single event, at the earliest three years after one's own continuing education degree. Seven credits for certified training events are recognized for the supervision days.

### **Participation in an intervision group**

The training participants independently establish an intervision group in which their own experiences with supervision processes and contents are brought in and worked on and the group process is co-experienced and co-designed. The planning organization (at least 20 credits) is left to the participants. Online intervision groups are possible. Attendance lists serve as proof of further training.

German-speaking participants can also take part in the open, ongoing "Intervisionsgruppe für akkreditierte Supervisoren" (Intervision Group for Accredited Supervisors), which usually meets twice a year and is a training event certified by the Institute with five credits. Announcements for Intervision Group meetings are sent via email and can be found on the Institute's website. Registration is required.

### **Co-leading a supervision group**

The training participants independently contact a Training Analyst/Supervisor (LAS) or a Supervisor for Psychoanalytic work with children and adolescents (AKJS) of the Institute and agree on a co-leadership (16 credits) in a supervision group for students at the C.G. Jung Institute Zurich. Half of the co-leadership, i.e. a maximum of 8 credits, can also be completed in the FMH supervision groups of the CGJIZ. It would be desirable to focus on a supervision group with the same leader, since co-leading should allow for co-experiencing and co-creating the process and dynamics in the group.

A confirmation signed by the supervision group leader serves as proof of the training.

### **Self study**

In order to reflect on their own supervisory work, participants in the training complete a total of ten sessions of individual supervision with an accredited supervisor (LAS/AKJS) from the Institute or an IAAP-recognized supervisor of their own choice.

## **4. Application for admission to the training**

### **4.1 Accredited psychoanalyst (A)**

Psychoanalysts (A) (training programs E, K or C) may submit an application to the Board of the Training Sector for admission to the training in Analytical Supervision no earlier than three years after their graduation.

The application must be accompanied by

- Proof of further training degree
- a short letter about the motivation for the training,
- information on professional activities and experience since graduation as "Psychoanalyst C.G. Jung Institute Zurich", including at least three years of full-time (at least 50%) psychoanalytical or psychotherapeutical activity.

If the application is approved by the Board of the Training Sector, the interested parties can start the training and receive the status Supervisor Candidate (AS\*). From this point on, completed elements of the training will be credited for the later certificate.

#### **4.2 Accredited Training Analysts/Self-Experience Therapists (LA)**

Training Analysts (LA) with Diploma (programs E, K, or C) notify the Board of the Training Sector that they wish to participate in the further education in Analytical Supervision.

After confirmation by the Board of the Training Sector they can start the training and receive the status Supervisor Candidates (LAS\*/AKJS\*). From this point on, completed elements of the training will be counted towards the subsequent certificate.

### **5. Entitlements and obligations during training**

#### **5.1 Status Supervisor Candidate (AS\*)**

Supervisor Candidates (AS\*) **with** federal recognition who begin the "Training in Analytical Supervision" at the earliest three years after graduation receive, depending on their own training qualification (E, K, C), the status "Supervisor Candidate (AS\*)" and the entitlement to a total of 60 sessions of individual supervision with CGJIZ students exclusively in the Training Curriculum Analytical Psychotherapy and in the FMH program.

"Supervisor Candidates (AS\*)" **without** federal recognition, who begin the "Training in Analytical Supervision" at the earliest three years after graduation, **cannot** offer supervision to students of the C.G. Jung Institute Zurich, Küsnacht in accordance with the IAAP guidelines. They are advised to find opportunities for individual supervision outside the Institute in order to gradually familiarize themselves with their new role as supervisor.

#### **5.2 Status Supervisor Candidate (LAS\*/AKJS\*)**

Appointed Training Analysts (LA) who are willing to attend the "Training in Analytical Supervision" at the C.G. Jung Institute Zurich or an external supervision training course should inform the Board of the Training Sector.

**5.2.1 "Supervisor Candidates (LAS\*/AKJS\*)" with federal recognition** can offer students a total of 60 sessions of individual supervision in all training curricula at the C.G. Jung Institute Zurich, depending on their own training qualification (E, K, C).

Furthermore, they are authorized to act as assessors in diploma examinations "Individual case of an adult, child or adolescent", as examiners, assessors and supervisors of seminar papers and diploma theses, and as readers of case reports.

**5.2.2 "Supervisor Candidates (LAS\*/AKJS\*)" without federal recognition** may offer a total of 60 sessions of individual supervision to students in the "Training Curriculum Psychoanalysis" at the C.G. Jung Institute Zurich, depending on their own training qualification (E, K, C), but not to students in the "Training Curriculum Analytical Psychotherapy" or in the FMH program.

Furthermore, they are authorized to act as assessors in diploma examinations "Individual case of an adult, child or adolescent", as examiners, assessors and

supervisors of seminar papers and diploma theses, and as readers of case reports.

### **5.3 Status of other training participants**

Accredited analytical psychotherapists (P), accredited specialists in psychiatry and psychotherapy (F) and external training participants with or without federal recognition are not eligible for individual supervision with students from the C.G. Jung Institute Zurich.

They are advised to find other opportunities for individual supervision in order to gradually familiarize themselves with their new role as supervisor.

## **6. Completion of the training and certificate**

The training lasts at least two years and should be completed within a maximum of 6 years.

Participants who have completed all elements of the training course submit the certificates for the four elements of the training course to the Board of the Training Sector and apply for a certificate of qualification as "Analytical Supervisor C.G. Jung Institute Zurich, Küssnacht".

## **7. Appointment as supervisor at the Institute (LAS/AKJS)<sup>3</sup>**

Psychoanalysts (A) who have completed the appointment procedure to become a Training Analyst (LA) can, on application and by providing proof of having completed training in analytical supervision, be appointed by the Board of the Training Sector as a Supervisor for Psychoanalytical Work with Adults (LAS) or as a Supervisor for Psychoanalytical Work with Children and Adolescents (AKJS) in the "Psychoanalysis Training Curriculum".

Accredited analytical psychotherapists (P), accredited specialists in psychiatry and psychotherapy (F) with federal recognition are not authorized to provide individual or group supervision to students of the C.G. Jung Institute Zurich. They have the opportunity to qualify as psychoanalysts (A). They can also enquire about which professional associations or state bodies in the health sector may be able to grant them their own supervision authorization.

## **8. Coming into force**

The "Regulations for Training in Analytical Supervision" came into force for the first time on 16.09.2016 with the resolution of the Board of the Training Sector and approval by the Curatorium and was adapted as "Regulations for Training in Analytical Supervision for Instructors for the training program Psychoanalysis on 01.01.2024 with the resolution of the Board of the Training Sector and approval by the Curatorium.

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<sup>3</sup> See point A 4