

**Regulations for Instructors with
Federally recognized Psychotherapy
training title
or
Federal Specialist recognition for
Psychiatry and Psychotherapy**

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A. REGULATIONS FOR INSTRUCTORS

1. General information

These regulations govern the procedure for the qualification and appointment of Instructors with a federal postgraduate qualification in Psychotherapy or a federal specialist qualification in Psychiatry and Psychotherapy, as Training Analysts and Supervisors in individual and group settings. It also regulates the rights and duties of Training Analysts and Supervisors.

Appointment to the various training functions is the responsibility of the Board of the Training Sector and the Appointment Committee.

Accredited instructors with federal recognition who are willing to take on tasks as examiners or co-examiners can submit an application to this effect to the Board of the Training Sector or are approached by the Board of the Training Sector or the department heads as required.

To become a Training Analyst (LA) for the "Training Curriculum Analytical Psychotherapy", it is first necessary to have qualified as a "Psychoanalyst C.G. Jung Institute Zurich". In the following text, the Accredited Psychoanalysts C.G. Jung Institute Zurich will be called "Psychoanalysts (A)".

Psychoanalysts (A) without federal recognition can only become Training Analysts (LA) and Supervisors (LAS/AKJS) for the "Training Curriculum in Psychoanalysis" (see "Regulations for Instructors in the Training Curriculum in Psychoanalysis").

For the status "Supervisor Candidate (LAS*/AKJS*)", Training Analysts (LA) address their application to the Board of the Training Sector.

Training Analysts (LA) and Supervisors (LAS/AKJS) with federal recognition can offer training analysis or supervision to all students at the Institute.

Training Analysts (LA) and Supervisors (LAS/AKJS) commit themselves to active collaboration with the C.G. Jung Institute Zurich (CGJIZ) upon their appointment. They hold themselves available for tasks in teaching as well as for participation in the committees of the Institute.

All instructors with federal recognition are expected to be aware of the applicable curricula and regulations and to adhere to the obligations and procedures associated with them.

To provide students with the smoothest possible course of study, all instructors must be willing to cooperate with the Institute's administrative staff.

2. Lecturers / Guest lecturers

Lecturers have completed postgraduate training at the CGJIZ and are actively involved in training as accredited members of the CGJIZ.

Guest lecturers usually have a university degree and postgraduate training in their field. They are professionally qualified and didactically competent.

3. Applicants with diploma Psychoanalyst CGJIZ (A) with federal recognition, applicants with postgraduate qualification in Psychotherapy (P) or a federal specialist qualification in Psychiatry and Psychotherapy (F) to become a "Training Analyst (LA)"

3.1 Eligibility and appointment criteria

3.1.1 Psychoanalyst (A) with federal recognition

Accredited Psychoanalysts at the CGJIZ with federal recognition (Program E, K or C) who have been graduated for at least 5 years, can apply to the Appointment Committee for the status of "Training Analyst (LA)".

3.1.2 Analytical Psychotherapist (P)

Analytical Psychotherapists accredited at the CGJIZ with federal recognition (Program E, K or C) who have additionally obtained the diploma "Psychoanalyst CGJIZ (A)" may apply to the Appointment Committee 5 years after obtaining the diploma "Psychoanalyst (A)" for the status of "Training Analyst (LA)".

3.1.3 Specialist in Psychiatry and Psychotherapy (F)

Graduates of the FMH training program accredited at the CGJIZ who have obtained the federal specialist qualification "Psychiatry and Psychotherapy" and in addition the diploma "Psychoanalyst CGJIZ" may apply to the Appointment Committee for the status "Training Analyst (LA)" 5 years after obtaining the diploma "Psychoanalyst (A)".

3.1.4 Appointment criteria

The written application should contain:

- Proof of the diploma "Psychoanalyst CGJIZ (A)"
- Proof of federal recognition as a Psychotherapist (PsyG Art 8) or proof of federal recognition as a specialist in Psychiatry and Psychotherapy (MedBG Art 15) or proof of a federally recognized foreign continuing education title as a specialist in Psychiatry and Psychotherapy (MedBG Art 15).
- Details of professional activities and experience since graduation as "P" or "F", including at least 5 years of full-time activity (at least 50%) as a psychoanalyst, psychotherapist or specialist in psychiatry and psychotherapy
- Information on interest in theoretical, methodological and practical issues of analytical psychology and related fields, as evidenced by teaching at the Institute, lectures at other institutions or publications
- Curriculum vitae as well as information on motivation for the training function
- Proof of membership in the IAAP.

The Appointments Committee reviews the application and may request a personal interview, as may the applicant.

The Appointments Committee then makes a recommendation to the Board of the Training Sector. The Board of the Training Sector makes the appointment decision and notifies the applicant.

3.2 Rights and duties

Instructors with federal recognition who achieve the status of Training Analyst (LA) may carry out training analysis with all students of the Institute.

Such Training Analysts (LA) also take part in teaching as well as in committees.

They make themselves available as co-examiners for examinations, usually for at least two half days per examination period. With appropriate professional qualifications and experience, they can also apply to the Board of the Training Sector for the status of examiner in specific academic fields subjects.

The formal framework of the Training Analysis is detailed in the training curricula. In particular, it should be noted that training analysis is separate from all evaluative functions. Training Analysts, therefore, cannot serve as Supervisors (individual or group setting), examiners, co-examiners, supervisors of seminar papers or the Word Association Test, or as readers of case reports for their own analysis candidates.

The training analysis is, like any psychoanalytic or psychotherapeutic activity, subject to the duty of full confidentiality. This extends beyond the end of the training analysis and the studies and does not expire with the death of a candidate of analysis. Even the resignation from all professional and educational obligations does not release the analyst from the obligation to maintain confidentiality.

If any decision-making body (Admissions Committee, Board of the Training Sector, etc.) is discussing the analysis of a Training Analyst who is a member of the body, the Training Analyst concerned shall stand down and leave the meeting.

4. Applicants with a federal postgraduate qualification in psychotherapy or a federal specialist qualification in psychiatry and psychotherapy to become a Supervisor for Analytical Therapy with adults (LAS) or for Analytical Therapy with children and adolescents (AKJS)

The Federal Law on Psychology Professions requires a formal qualification for all supervisors. Such a qualification can take place through participation in the "Training in Analytical Supervision"¹ offered by the C.G. Jung Institute or through participation in an external advanced training in supervision.

4.1.1 Reference for "Supervisor Candidates (AS* or LAS*/AKJS*)"

Requirements for Supervisor Candidates (AS*) and appointment criteria for Training Analysts and Supervisors (LAS) are described in Part B, points 5, 6 and 7.

4.1.2 Reference for Psychoanalysts (A) following an external supervision training

The Board of the Training Sector decides on the recognition of external supervision training. Therefore, it is advisable to contact the Board of the Training Sector regarding the possibility of recognition before starting an external training.

Note that if Psychoanalysts (A) with federal recognition start an external supervision training already 3 years after graduation and before appointment as "Training Analyst (LA)" – then they are not eligible to receive the status of Supervisor Candidate (AS*) and cannot offer individual supervision to the students of the Institute during their supervision training period.

During their external supervision training, they are required to attend a total of 10 sessions of individual supervision with an accredited Supervisor (LAS/AKJS) in order to reflect on their own supervisory activities.

Upon completion of their external supervision training, they submit all evidence to the Board of the Training Sector. This board checks whether the services rendered can be recognized and are sufficient.

¹ See in this brochure under B

4.2 Rights and duties of Supervisors (LAS/AKJS)

Appointed Supervisors (LAS/AKJS) with federal recognition receive authorization for supervision in individual and group settings for students in all training curricula depending on their own training qualification (E, K, C) for analytical therapy and psychoanalysis with adults (LAS, Program E and FMH), with children and adolescents (AKJS, Program K) or with adults, children and adolescents (LAS and AKJS, Program E, K, C and FMH).

All Supervisors are required ex officio to be available regularly and at least once a year as examiners for the diploma examination "Individual Case".

Supervisors are also expected to actively participate as examiners in at least one specialty area, as well as to serve as co-examiners, supervisors of seminar papers, readers of case reports, thesis advisors or thesis co-advisors, lecturers, or on Institute committees.

It is also expected that Supervisors deal with the tradition and further development of Analytical Psychology in theory and practice as well as with current questions and innovations in the broader spectrum of psychotherapy and psychoanalysis, and that they are able to critically appreciate and adequately communicate these.

5. Evaluating functions

5.1 Examiners and co-examiners

Lecturers, Training Analysts, Supervisor Candidates and Supervisors who would like to conduct examinations or instructors who would like to act as co-examiners are invited to submit an application to the Board of the Training Sector. They should provide appropriate evidence of their experience in the relevant subject area, e.g. as lecturers. Examiners are appointed for specific subject areas; co-examiners may be appointed for any subject. Examiners are members of the corresponding academic field area.²

5.2 Supervision of seminar papers and diploma theses, reading of case reports

Training Analysts (LA), certain Supervisor Candidates (LAS*/AKJS*, but not AS*), Supervisors (LAS, AKJS) and examiners are authorized to supervise seminar papers and theses.

Supervisor Candidates (LAS*/AKJS*, but not AS*) and Supervisors are authorized to adjudge case reports as lecturers.

Supervisors of seminar papers, lecturers of case reports and thesis advisors prepare a written report for the attention of the Administration of Studies and the Admissions Committee. The respective assessment guidelines are explained in the "Examination Regulations for Analytical Psychotherapy" and in the "Examination Regulations for Psychoanalysis" under section A.5. Students receive detailed feedback on their work.

In order to ensure the quality of the training, Supervisors of seminar papers as well as lecturers of case reports and thesis advisors are required to reject unsatisfactory papers or to demand corrections.

² Academic field areas are quality circles for training at the C.G. Jung Institute Zurich. They discuss the procedure and content of examinations, compile relevant innovations and revise the literature lists. Each department sends its head to the program committee to support the program director in compiling the semester programs.

6. Further education obligations for Instructors

Further education is an integral part of psychotherapeutic and psychoanalytic work and of the work of Instructors. Under the Federal Law on the Psychological Professions the C.G. Jung Institute Zurich is obliged to qualify its Instructors. It takes this obligation into account with differentiated criteria for the appointment as well as with the "Training in Analytical Supervision".

In addition, all accredited instructors are required to take 80 credits of further education per year (1 credit is at least 45 minutes) in their area of expertise, regardless of their personal workload.

Further education includes attendance at lectures, seminars, conferences, participation in an intervision group, or use of supervision. A minimum of 20 credits must be earned annually in these areas. In addition, teaching and supervisory activities, scientific activities, committee work or self-awareness can also be claimed. A total of 30 credits of the required 80 credits are recognized as self-study.

The Board of the Training Sector carries out an annual random check of ten percent of the accredited instructors (lecturers, examiners, Training Analysts, Supervisor Candidates and Supervisors) to ensure that they have fulfilled their training obligations.

Instructors who have not fulfilled their further education obligation are required to make up the required performance within one year.

If the required performance is not made up within the set period, the Board of the Training Sector may revoke the training function (lecturer, examiner, Training Analyst, Supervisor Candidate and Supervisor).

Those who give up their practice can continue to work as lecturers, examiners, Training Analysts/Self-experience Therapists and Supervisors.

On the other hand, anyone who loses their license to practice can no longer work as Training Analyst or Supervisor.

7. Withdrawal of Instructor functions

Instructors are obliged to comply with the duty of further education, to uphold professional honor, collegiality among themselves and loyalty to the Institute as a whole, as described in the Code of Ethics of the C.G. Jung Institute Zurich.

In the case of a violation of the professional honor, the Board of the Training Sector (see 6.) is to be consulted.

In the case of a violation of the professional honor, the collegiality among each other or the loyalty towards the Institute as a whole, the Ombudsman's Office must first be informed in writing. The Ombudsman's Office shall review and assess the facts of the case. Subsequently, the Professional Ethics Committee is informed, which is responsible for deciding on conditions or a withdrawal of a training function.

If a training function is revoked or the accreditation ends, the instructor loses his/her rights and duties.

If the status of Training Analyst (LA) is lost, ongoing training analyses must be completed within nine months. The Training Analyst undertakes to inform the students who are in training analysis with him/her at an early stage about the withdrawal of his/her function and to prepare them carefully for the completion of the training analysis (obligation to inform and prepare).

In case of a loss of the status of "Supervisor Candidate" or "Supervisor", the supervisions must be terminated immediately. The supervisor candidate or supervisor is obliged to inform students who are in supervision with him/her accordingly.

8. Documents for Instructors

The following is a list of documents relevant to instructors of the C.G. Jung Institute Zurich in their various functions:

- Code of Ethics
- Training curriculum Psychotherapy
- Examination regulations
- Regulations on training in Analytical Supervision

9. Coming into force

The "Curriculum for Instructors" came into force for the first time with the resolution of the Board of the Training Sector and approval by the Curatorium on 16.09.2016 and was amended with the resolution of the Board of the Training Sector and approval by the Curatorium on 01.07.2018 as well as on 01.07.2021 as "Regulations for Instructors with a Federal recognized Psychotherapy Training Title or Federal Specialist Recognition for Psychiatry and Psychotherapy" on 01.01.2024.

B. REGULATIONS FOR TRAINING IN ANALYTICAL SUPERVISION

1. Preliminary note

The Board of the Training Sector is responsible for the training in Analytical Supervision at the C.G. Jung Institute Zurich, Küsnacht (CGJIZ). These regulations explain the goals and contents as well as the procedure of the training in Analytical Supervision.

These regulations apply to accredited persons with a title in Psychotherapy (P) or with a Federal Specialist qualification in Psychiatry and Psychotherapy (F).

Accredited instructors with a diploma "Psychoanalyst (CGJIZ)" (A) are referred to the separate "Regulations for Training in Analytic Supervision for Instructors in the Training Curriculum in Psychoanalysis".

Analytical Psychotherapists (P) and Specialists in Psychiatry and Psychotherapy (F) who wish to become a Training Analyst (LA) and Training Analyst/Supervisor (LAS) must first obtain the diploma "Psychoanalyst CGJIZ" (A), in accordance with the CGJIZ transfer regulations.

There are basically four possible ways to achieve LAS status:

Path 1: Appointment as a Training Analyst/Supervisor (LAS). This status is open to diplomated Psychoanalysts (A) who fulfill all of the following criteria:

- A. have already been appointed as a Training Analyst (LA). For more details, see Part A, point 3.1.4.
- B. Completion of the CGJIZ supervision training
- C. Written application to the CGJIZ Board of the Training Sector.

Path 2: Appointment as Training Analyst (LA) and Training Analyst/Supervisor (LAS) can also be decoupled, when the training in Analytical Supervision is attended after the appointment as Training Analyst (LA) has taken place.

Path 3: Analytical Psychotherapists (P) who attain status (A). To do so, they must fulfill in addition to their Diploma as Psychotherapist (P) the following requirements: 90 hours of analysis (240 hours in total) and the writing of a diploma work (Thesis)³. These requirements are usually fulfilled within two to three semesters after having received the Diploma as Psychotherapist. However, there is generally no time limit within which these additional requirements must be met.

Path 4: FMH Specialists in Psychiatry and Psychotherapy (F) who obtain the status (A). In addition to their further training, they have a limited number of additional seminars, examinations, supervisions and analysis sessions during at least 4 semesters to complete. They also write a diploma work (Thesis)⁴.

After obtaining the status (A) through pathway 3 or 4, the path to the status "Supervisor Candidate (AS*)" after 3 years or to the status "Supervisor Candidate (LAS*/AKJS*)" after appointment as Training Analysts (LA) opens up. See points 5.2 and 5.3 below.

A clear summary of the key points of the supervision training can be found in the separate brochure "Brief description of Training in Analytical Supervision at the C.G. Jung Institute Zurich".

³ See CGJIZ transfer regulations for Psychiatry and Psychotherapy C.G. Jung Institute Zurich, Küsnacht 01.01.2024

⁴ See CGJIZ transfer regulations CGJIZ

2. Goals

Analytic supervision within the framework of the postgraduate training programs offered by the C.G. Jung Institute Zurich means the continuous professional support of students in their psychoanalytic and psychotherapeutic work.

The training in Analytical Supervision is an offer for the instructors accredited at the C.G. Jung Institute Zurich for the qualification as supervisors.

Other internal or external interested parties who would like to learn or deepen the analytically oriented supervision process according to C.G. Jung are also welcome to participate in this training. The training in Analytical Supervision also aims to promote exchanges between supervisors within the Institute as well as with colleagues from other psychotherapeutic disciplines and training centers. This kind of collaborative further development of supervision diversity is also intended as a contribution to supervision research.

3. Contents and elements of the training

The training in Analytical Supervision is based on the theory and practice of Analytical Psychology according to C.G. Jung.

The training comprises at least 74 credits (one credit lasts at least 45 minutes) and lasts at least 2 years.

The elements of training:

Supervision days	28 Credits
Participation in an intervision group	20 Credits
Co-leading a supervision group	16 Credits
Individual Supervision with LAS CGJIZ or IAAP Supervisor	10 Credits

The elements of the training in detail:

Supervision days

Supervision days are designed to teach the theory and practice of Analytical supervision. Theoretical and practical units can either be presented separately or they interpenetrate each other during the super-supervision day.

Lecturers at the supervision days are experienced accredited supervisors from the C.G. Jung Institute Zurich and occasionally other (Jungian) supervisors from Switzerland and abroad.

The topics of the supervision days are:

- Becoming a supervisor - a challenge
- Transference-countertransference in supervision
- Group supervision and the dynamics of transformational power in the group
- Dealing with images, dreams, sand-play, imaginations in supervision
- Self-image as a supervisor / continuing education supervisor at the institute, including legal and ethical issues
- Mastering complex moments in the supervision
- Special aspects of supervision of child and adolescent psychotherapies
- Culture-sensitive aspects in supervision
- Manifestation of the self in the supervisory process

The focus of the supervision days is on live supervision, in which the participants bring in and work on their own supervisory experiences (in each case related to the topic of the supervision day) and are then discussed by all participants. Live supervision can take place as individual supervision or as group supervision.

The training participants take part in at least four supervision days.

Two German and two English-language supervision days take place each year. Announcements are sent by e-mail to all accredited and to interested professional associations and can be found, together with the form for online registration, on the Institute's website. Registration is required.

There is a charge for the supervision days, which can be found on the registration form.

The supervision days can also be attended by external interested parties as a single event, at the earliest three years after one's own continuing education degree. Seven credits for certified training events are recognized for each supervision day.

Participation in an intervision group

The training participants independently establish an intervision group in which their own experiences with supervision processes and contents are brought in and worked on and the group process is co-experienced and co-designed. The planning organization (at least 20 credits) is left to the participants. Online intervision groups are possible. Attendance lists serve as proof of further training.

German-speaking participants can also take part in the open, ongoing "Intervisionsgruppe für akkreditierte Supervisoren" (Intervision Group for Accredited Supervisors), which usually meets twice a year and is a training event certified by the Institute with five credits. Announcements for Intervision Group meetings are sent via email and can be found on the Institute's website. Registration is required.

Co-leading a supervision group

The training participants independently contact a Training Analyst/Supervisor (LAS) or a Supervisor for Psychoanalytic/Psychotherapeutic work with children and adolescents (AKJS) of the Institute and agree on a co-leadership in a supervision group for students at the C.G. Jung Institute Zurich. Half of the co-leadership, i.e. a maximum of 8 credits, can also be completed in the FMH supervision groups of the CGJIZ- It would be desirable to focus on a supervision group with the same leader, since co-leading should allow for co-experiencing and co-creating the process and dynamics in the group.

A confirmation signed by the supervision group leader serves as proof of the training.

Individual supervision

In order to reflect on their own supervisory work, training participants complete a total of ten sessions of individual supervision with an accredited supervisor (LAS/AKJS) of the Institute or an IAAP-recognized supervisor of their own choice.

4. Application for admission to the training

4.1 Accredited Analytical Psychotherapists (P)

Accredited Analytical Psychotherapists (P) with training qualifications E, K or C can submit an application for admission to training in analytical supervision to the Board of the Training Sector at the earliest three years after graduation.

The application must be accompanied by details of professional activities and experience since graduating as an Analytical Psychotherapist CGJIZ, including at least three years of full-time (at least 50%) psychotherapeutic activity.

If the application is approved by the Board of the Training Sector, interested parties can begin the training. From this point onwards, completed elements of the training will be credited towards the subsequent certificate.

4.2 Federal Specialist for Psychiatry and Psychotherapy (F)

Accredited Specialists in Psychiatry and Psychotherapy (F) may submit an application for admission to training in analytical supervision to the Board of the Training Sector no earlier than three years after receiving the FMH title.

The application must be accompanied by details of professional activities and experience since graduating as a CGJIZ psychoanalyst, including at least three years of full-time (at least 50%) work as a Specialist in Psychiatry and Psychotherapy since obtaining the FMH title.

If the application is approved by the Board of Training Sector, interested parties can begin the training. From this point onwards, completed elements of the training will be credited towards the subsequent certificate.

5. Entitlements and obligations during training

5.1 Status Analytical Psychotherapist (P), accredited Specialists in Psychiatry and Psychotherapy (F) and external training participants

Accredited Analytical Psychotherapists (P), accredited Specialists in Psychiatry and Psychotherapy (F) with federal recognition are not authorized to supervise CGJIZ students individually or in groups until they have qualified as Psychoanalyst (A) ⁵.

They are advised to find other opportunities for individual and group supervision in order to gradually familiarize themselves with their new role as supervisor.

External graduates of the training in analytical supervision with or without a professional recognition are not eligible for individual or group supervision with CGJIZ students. They are asked to find out which professional associations or state bodies in the healthcare sector may be able to grant them their own supervision authorization.

5.2 Status "Supervisor Candidate (AS*)"

Accredited Psychoanalysts (A) with federal recognition who begin training in analytical supervision at the earliest three years after graduation receive the status "Supervisor Candidate (AS*)" for psychotherapeutic work with adults (Program E and FMH) or with children and adolescents (Program K) or with adults, children and adolescents (Program E, K, C and FMH), depending on their own training qualification (E, K, C).

They are entitled to offer CGJIZ students in the Analytical Psychotherapy curriculum and in the FMH program a total of 60 sessions of individual supervision.

According to the IAAP guidelines, however, not to students in the "Psychoanalysis Training Curriculum".

5.3 Status "Supervisor Candidate (LAS*/AKJS*)"

Already appointed Training Analysts (LA) with federal recognition, who are willing to attend the "Training in Analytical Supervision" at the C.G. Jung Institute Zurich, inform the Board of Training Sector that they would like to participate in the Training in Analytical Supervision.

⁵ See above point B 1

At the beginning of the training, they will receive the status "Supervisor Candidate (LAS*/AKJS)" for psychotherapeutic and psychoanalytic work with adults (LAS* - program E and FMH) or with children and adolescents (AKJS* - program K) or with adults, children and adolescents (LAS* and AKJS* - program E, K, C and FMH), depending on their own further training qualification (E, K, C).

" Supervisor Candidates (LAS*/AKJS*)" with federal recognition can offer students a total of 60 sessions of individual supervision in all training curricula at the C.G. Jung Institute Zurich.

Furthermore, depending on their own further training qualification (E, K, C), they are authorized to act as assessors in the diploma examinations "Individual Case of an Adult" or "Individual Case of a Child or Adolescent" in the training curricula Analytical Psychotherapy and Psychoanalysis. They can also act as examiners, assessors, supervisors of seminar papers and diploma theses and as readers of case reports.

6. Completion of the training and certificate

The training lasts at least two years and should be completed within a maximum of six years.

Participants who have completed all elements of the training submit evidence of the four elements of the training course to the Board of the Training Sector and apply for a certificate for the "Analytical Supervisor C.G. Jung Institute Zurich" qualification.

7. Appointment as supervisor at the Institute (LAS/AKJS)⁶

Accredited Psychoanalysts (A) with federal recognition who have completed the appointment procedure for Training Analyst (LA) can be appointed Supervisor for Psychotherapeutic and Psychoanalytical Work with Adults (LAS) or Supervisor for Psychotherapeutic and Psychoanalytical Work with Children and Adolescents (AKJS) by the Board of the Training Sector upon application and proof of completed training in analytical supervision.

8. Coming into force

The "Regulations for Training in Analytical Supervision" first came into force on 16.09.2016 with the resolution of the Board of the Training Sector and the approval of the Curatorium and were amended on 01.07.2021 with the resolution of the Board of the Training Sector and the approval of the Curatorium as "Regulations for Instructors with Federally recognized Psychotherapy training title or Federal Specialist recognition for Psychiatry and Psychotherapy", amended on 01.01.2024.

⁶ See point A 4