

Training in Analytical Supervision

For Psychoanalysts and Psychotherapists from any discipline



Supervision training at the C.G. Jung Institute Zürich

For many years, the C.G. Jung Institute Zürich has offered a **training in analytical supervision**. It is an offer for psychoanalysts accredited at the CGJIZ to qualify as supervisors at the Institute.

The offer is also open to qualified psychotherapists, psychoanalysts and psychiatrists from any discipline who wish to explore or deepen their approach to the Jungian oriented analytical supervision processes.

The program is grounded on theory and clinical experience of analytical psychology according to C.G. Jung and is taught by experienced supervisors of the CGJIZ and invited experts.

The pre-requisite to join the training is to hold a formal therapeutic qualification for at least three years. The training comprises three elements:

- **Conceptual basis of supervision** (28 credits), a series of at least 4 workshop days led by experienced supervisors covering core themes, role plays and live supervision.
- **Exchange and reflection** (20 credits) on own experiences as supervisors within an intervision group between colleagues taking the training.
- **Practical experience of supervision** (16 credits) by preparation and co-leading of group sessions with supervisors of the CGJIZ.
- **Guidance and feedback** (10 credits) focused individual supervision hours with qualified CGJIZ or IAAP supervisors.

The program comprises a total of 74 credits (1 credit = 45 minutes).

Costs are charged for the supervision days according to the registration form.

The supervision days can be attended as individual events, but at the earliest three years after a psychoanalytical/psychotherapeutic qualification or after recognition as a specialist in psychiatry and psychotherapy.

The training takes at least 2 years to complete and should be finished at the latest after 6 years. Successful completion of the training is awarded with a certificate.

The table shows which requirements must be met to work as a supervisor at the CGJIZ:

You are ..	You need ..	You follow ..	You may ..
Psychoanalysts (A) (IAAP)	3 years therapeutic experience	2 years Supervision Training	Apply as Training Analyst and Supervisor at CGJI (LAS).
Analytical Psychotherapists (P) (BAG)			Supervise outside the Institute. No supervision with CGJI students
FMH specialists in Psychiatry and Psychotherapy (F) (FMH)			Supervise outside the Institute. No supervision with CGJI students
Externally qualified therapists, analysts & psychiatrists			Supervise within your chosen field. No supervision with CGJI students.

Four pathways to become a Training Analyst and Supervisor LAS¹ of the CGJIZ

Path 1: Training Analysts and Supervisors (LAS) are part of the Institute's body of instructors. This status is open to experienced Jungian Psychoanalysts (A) who meet the following criteria:

- To have been appointed as a Training Analyst (LA), which requires:
 - to have held the diploma as Jungian Psychoanalyst for at least 5 years.
 - to have practiced as Jungian Psychoanalyst for 5 years (main occupation) with at least 50% activity.
 - to show interest in theoretical and practical issues of analytical psychology and related areas by teaching at the Institute, lecturing at other institutions or publishing.
 - to be a member of the IAAP
- To complete the CGJIZ supervision training program.
- To apply for the training by writing to the Board of Training of the CGJIZ

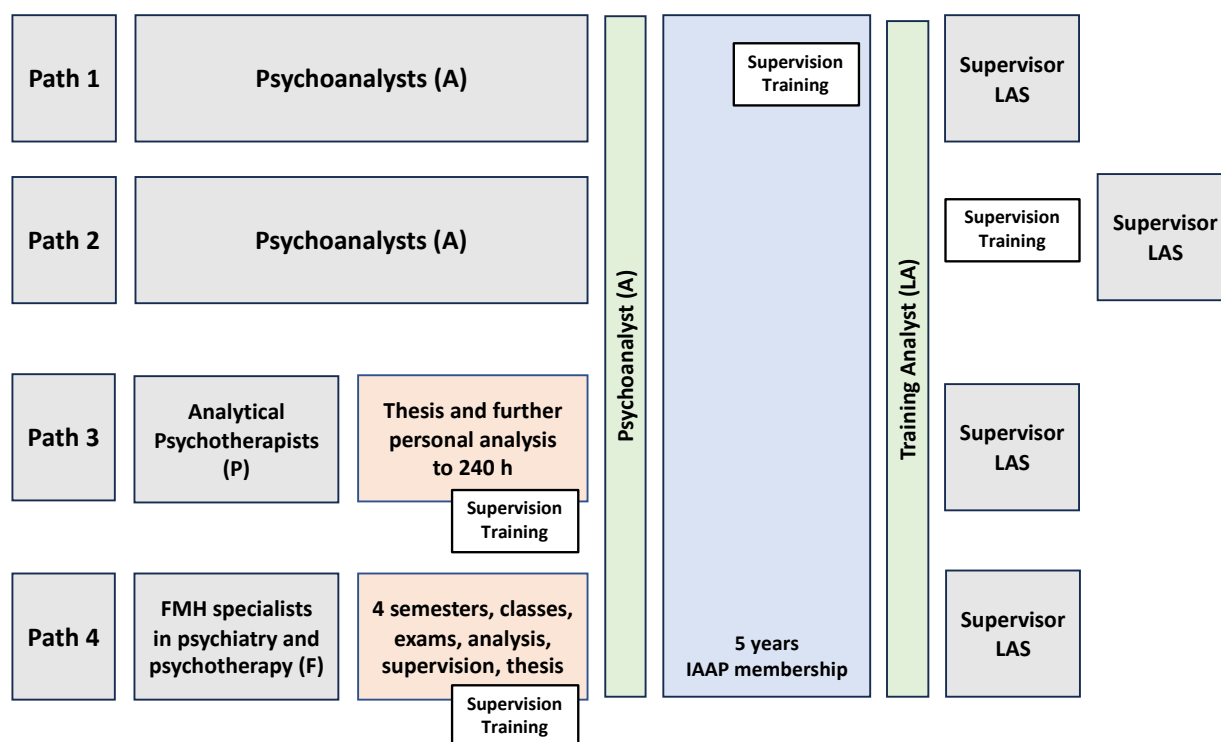
Path 2: Becoming Training Analyst (LA) and Training Analyst/Supervisor (LAS) can also be decoupled, whereby the supervision training is attended after having obtained LA status.

Psychotherapists (P) and Psychiatrists (F), who wish to become Training Analysts (LA) and Training Analysts/Supervisors (LAS), must first complete the Psychoanalysis diploma (A), according to the transfer regulations of the CGIJZ. This results in path 3 and path 4:

¹ For ease of reading, only the form LAS/LAS* is used. It also includes the status AKJS: Supervisor for Analytical Work with Children and Adolescents and the status AKJS*: Training Analyst as Candidate Supervisor for Analytical Work with Children and Adolescents.

Path 3: Analytical Psychotherapists (P) must fulfill the following requirements to obtain the status (A): 90 hours of additional analysis (total 240 hours) plus completion of a thesis. There is no minimum time limit. These requirements can typically be achieved within 2-3 semesters.

Path 4: FMH Specialists in Psychiatry and Psychotherapy (F) must attend a certain number of seminars, examinations, supervision and analysis hours during at least 4 semesters in order to achieve status (A). They also write a thesis.



Rights and duties of a Training Analyst (LA) and Training Analyst/Supervisor (LAS)

LA are entitled to provide training analysis and LAS are, in addition, entitled to provide individual and group supervision activities for students of the Psychoanalysis training program of the CGJIZ.

An additional professional status is required for the same entitlements towards students of the training program in Analytical Psychotherapy. LA and LAS must have a federally recognized Psychotherapist title.

As instructors, all Training Analysts and Supervisors are expected to give lectures, take part in committees of the CGJIZ, act as examiners, co-examiners and contribute to the life of the Institute.

Rights and duties of candidates for the status Training Analyst/Supervisor (LAS*)

A Training Analyst (LA) can apply for the status of candidate LAS*.

This status entitles to offer up to 60 individual supervision hours for students of the Psychoanalysis training program.

Candidates LAS* with federal recognition are entitled to offer up to 60 individual supervision hours for students of all training programs of the CGJIZ.

These explanations are intended as an overview. The following detailed regulations give full information and are binding:

- Regulations for Instructors in the Training Curriculum Psychoanalysis, dated 01.01.2024
- Regulations for Instructors with Federally recognized Psychotherapy training title or Federal Specialist recognition for Psychiatry and Psychotherapy, dated 01.01.2024

Contact

C. G. Jung-Institut Zürich, Hornweg 28, CH-8700 Küsnacht

Phone +41 44 914 10 40
Website www.junginstitut.ch
E-Mail cg@junginstitut.ch